In my letter to you last year, the cost-of-living crisis took centre stage – and I’m acutely aware that its mounting pressures continue to affect many of us. Nevertheless, your unwavering support in the face of such economic difficulties has been incredible. Thank you for sticking by us and our partners during these trying times.

Our 2023 review arrives with a shift in focus for Karuna, as we reflect on the last three years and put forward a new organisational strategy. The following pages will highlight the many successes you have helped us make during this period, as well as our exciting plan for the years ahead.

Our refocusing feels particularly timely. You will have seen the inhumane treatment of migrant workers across the world feature in global headlines this past year. Our own emergency response during the COVID-19 crisis underscored the pressing needs of these communities in South Asia, and the invisibility of their hardships. I’m proud of our commitment to support these communities and I’m confident that, as you keep reading, you’ll be deeply moved by their stories.

I am also eager to share our ongoing initiative to extend Karuna’s geographic impact, notably into communities within Nepal and Bangladesh. This expanded reach has been made possible through collaboration with our sister charities, Karuna Germany and Karuna USA, granting us avenues to funding and projects that were previously beyond our UK reach. Notably, the receipt of five substantial grants from the German Government, in addition to a €1 million grant from the EU, has allowed us to significantly amplify some of our flagship projects working to prevent sexual violence against women – ensuring your contributions can go even further.

Of the new focal points featured in this review, there’s one that impacts us all – climate change. Bolstering community resilience to natural disasters is a cornerstone of our new strategy. We are fortunate to have statistician and Karuna patron, Prof. Sir David Spiegelhalter, share more about these initiatives and others, following his recent visit to some of the most climate-affected regions in India.

In the pages ahead, we share the key highlights from our 2020-23 strategy. It is my sincere hope that you will take as much pride as I do, both by reflecting on the tangible impact of your donations and in looking forward to the amazing potential that lies ahead – all of which is only made possible because of your generous support.

Thank you.

Ciaran Maguire
CEO
We targeted areas of greatest need

We focused on the areas of greatest need by developing new projects in the ‘Poverty Belt’ states of Northern India, as well as in Nepal and Bangladesh. We also elevated our response to the COVID-19 pandemic and the climate crisis. Most notably, we:

- Developed a pilot project in Bangladesh focusing on climate resilience and trafficking. Over one third of the population live below the poverty line in Bangladesh and poverty, natural disasters and trafficking are all major issues that specifically affect women.
- Continued to expand our work with women and girls, who are typically the most at risk in times of crisis, particularly in the areas of education, child marriage prevention and freedom from violence and trafficking.
- Developed rapid response protocols to disasters and emergencies for Dalit and Tribal communities most threatened by the impacts of climate change and supported climate mitigation projects in those areas.

Looking back at what we achieved together

This last year marked the end of our 3-year strategy. We wanted to take this opportunity to celebrate what was achieved together.

We committed to our unique approach

As a charity inspired by Buddhist values, we expressed our core values – compassion, integrity, authenticity, generosity and connection – more effectively. We also wanted to deepen and nourish relationships with supporters and attract new Karuna champions and community fundraisers. To achieve this:

- We significantly expanded our digital community and presence. More of you than ever fundraised in your communities and participated in online, email and telephone campaigns, such as our Coronavirus Crisis Campaign, which raised over £500,000 in emergency support.
- We built new, and strengthened existing, relationships with trusts and major donors.
- We engaged our team and volunteers in activities such as meditation mornings and retreats which emphasise work as a spiritual practice.

We strengthened our three core areas

We strengthened the three core areas of our work, Education, Gender Equality and Sustainable Livelihoods, and delivered deeper, more lasting impact to the most excluded communities in South Asia. We also:

- Directly reached significantly more people, growing from 99,000 individuals in 2019 to 247,000 in 2022.
- Increased our combined project spend among our sister charities from £1,291,664 in 2019 to £2,114,463 in 2022.
- Developed our in-country capacity, including safeguarding training and provision.

OUR LAST STRATEGY 2020-23 IN NUMBERS:

We reached up to 350,000 people per year

We established a new programme in Bangladesh and expanded our work in Nepal

We, along with our sister charities, committed £6,473,471 in programme funding in the three years

IN THE LAST 3 YEARS, WE HAVE REACHED MORE THAN 200,000 VULNERABLE PEOPLE WITH LIFE-SAVING COVID-19 EMERGENCY AID.

WE REACHED UP TO 350,000 PEOPLE PER YEAR.

>REACH

WE ESTABLISHED A NEW PROGRAMME IN BANGLADESH AND EXPANDED OUR WORK IN NEPAL.

£6,473,471

WE, ALONG WITH OUR SISTER CHARITIES, COMMITTED £6,473,471 IN PROGRAMME FUNDING IN THE THREE YEARS.

200,000

WE REACHED UP TO 350,000 PEOPLE PER YEAR.

350,000

WE ESTABLISHED A NEW PROGRAMME IN BANGLADESH AND EXPANDED OUR WORK IN NEPAL.

£6,473,471

WE, ALONG WITH OUR SISTER CHARITIES, COMMITTED £6,473,471 IN PROGRAMME FUNDING IN THE THREE YEARS.

200,000
In the early days of the lockdown, people were fearful and confused, especially at the idea of people bringing in new infections. “People started hitting us, and asked us where we were from,” he remembers. “They attacked us, saying we were outsiders.”

Jiban managed to escape, only to be faced with the hundreds of miles he needed to walk back to his village. To pay for a ride with a truck driver, he sold his mobile phone, the only connection he still had with his family, for the equivalent of £8.

The truck would not take him far. He continued to walk and hitchhike whenever he could for another two weeks. He only ate once during that time and drank water from open pipes he could find on the way. His sandals wore out completely and he had to continue barefoot, blistering his feet. “I thought that I was going to die,” he says. “And if I had died on the way, no one would’ve known.”

Finally, he reached his home village. However, his troubles were not over. The quarantine meant that the villagers could not let him enter and he had to camp outside the village for another two weeks before he could be reunited with his family.

He was home, but the damage done by the journey still feels fresh even today. “The things I had to face were so terrifying that I am still afraid to leave my village,” he says. “I am traumatised by what I had to go through.”

Your overwhelming support over the last three years has enabled us to provide emergency food, shelter and healthcare for thousands of families just like Jiban’s. And, for those migrant workers like him that made it home, your donations have provided the extra support needed to begin rebuilding their lives.

Longing ahead, we want to assist thousands more just like Jiban to access their rights – and we will because of your support. Thank you.
During the global pandemic, vulnerable communities across South Asia suffered some of the highest COVID-19 infection rates recorded anywhere in the world. As well as the direct health effects of the pandemic, millions of the most vulnerable families had to cope without access to basic needs like food or health care. Violence against women and child marriages increased, millions of children lost access to education and many more were unable to generate an income.

These communities are also among the most vulnerable to the impact of climate change. The lack of access to resources only served to compound the effects of drought, flooding and other climate catastrophes.

Our strong community connections in some of the most-overlooked and hard-to-reach places mean that we have been able to mobilise our resources and reach those others couldn’t.

Together, we are working hard to best respond to these long-term consequences and ensure that the progress already made is not undone. This will be our focus for the next three years – and it is only made possible because of your generosity.

Join us in supporting excluded communities most impacted by the long-lasting effects of the pandemic and the ongoing climate crisis.

Jonathan Clark
Head of Programmes

Looking forward to what we want to achieve together

We have identified the key areas for our work in South Asia for the next three years: girls’ education, protection of migrant workers and their livelihoods, prevention of violence against women and climate resilience. Developing these areas is a strategic priority.

OUR PRIORITIES FOR THE NEXT 3 YEARS:

50,000 TO SUPPORT 50,000 FAMILIES PER YEAR TO ACCESS IMPROVED LIVELIHOOD SECURITY AND PROTECTION FROM EXPLOITATION

40,000 TO PROTECT 40,000 WOMEN PER YEAR FROM VIOLENCE AND TRAFFICKING

>REACH TO HAVE FULLY INVESTIGATED TANGIBLE PATHWAYS FOR EXTENDING THE REACH OF OUR WORK BEYOND INDIA, NEPAL AND BANGLADESH

20,000 TO ENABLE 20,000 PEOPLE PER YEAR WHO ARE LIVING ON THE FRONTLINE OF CLIMATE DISASTERS TO CREATE RESILIENT COMMUNITIES AND MITIGATE THE IMPACTS OF CLIMATE CHANGE

15,000 TO KEEP 15,000 GIRLS PER YEAR IN SCHOOL AND OUT OF CHILD MARRIAGE
Neha’s Story

The violence in the home for Neha started when her father lost his job. He would be at home all day so, in between household chores and school, Neha spent as much time out of the house as she could, playing with her sister. And when they played, things felt almost normal again – at that time, marriage was the last thing on their minds.

“My sister was the one I used to play with,” Neha remembers. “She was the only source of happiness at home.” Then, one day, after returning from school, her parents told her they were going to force her sister into marriage. The news devastated her. “I was so worried that my sister would be taken away from me.”

As much as she tried to protest, her father refused to listen. He had made up his mind and was prepared to uphold his decision with force.

Although older, her sister was still a child – but Neha knew her husband would be an adult. She would become his property and there would be no reason for Neha to see her again. The future for the sisters looked bleak.

It didn’t take long for Neha’s friends at school to see the change in her. One day, when she was particularly upset, they asked her about it. Although she was afraid to speak up at first, eventually she told them. Their reaction surprised her. In fact, they had a potential solution. “They told me about a project that fights against child marriage.”

That project was Nishta, one of the many projects you support. Founded 35 years ago by a local woman, Nishta promotes girls’ education and challenges child marriage, as well as the domestic and sexual abuse that so often results from it.

One of Nishta’s community support workers spoke with Neha and agreed to contact her parents. When they met, the support worker explained the damage that child marriage can cause and explained how the benefits of girl’s education uplifts the entire community. Her mother was sympathetic but, sadly, her father wouldn’t budge. “He insisted that he was going to marry off my sister.”

The support workers tried everything, but in the end, they had no choice. As child marriage is illegal, they were able to involve the police. It was only at that point that Neha’s father finally relented.

“The marriage was finally called off,” she remembers with a smile. “Now my sister still isn’t married and has completed her education instead.”

Girls’ education is vital to protect against child marriage. Although child marriage is illegal in South Asia, its practice is still widespread in many rural communities, where girls’ education is rarely seen as important. Instead, almost half of girls are taken out of school to be married off before the age of 18, with a third married before age 13. Too often, this will mean a lifetime of household servitude, where domestic and sexual violence are commonplace.

15,000
Girls per year in school and out of child marriage

Her sister even found a job stitching and repairing clothes and began earning her own income, something that is impossible for most child brides.

The experience left an indelible mark on Neha, who is determined to support other girls break free of child marriage. “My dream is to become a social worker,” she says. “I have realised that things like child marriage and domestic violence happen because of gender inequality. So, after my graduation I am going to pursue a Master’s in social work.”

Although, she won’t be waiting that long to get started. In fact, she has already attended trainings and is spreading awareness in her community. “Now I host meetings in the village with all the parents and young people to discuss gender equality.”

Although, she won’t be waiting that long to get started. In fact, she has already attended trainings and is spreading awareness in her community. “Now I host meetings in the village with all the parents and young people to discuss gender equality.”

It is because of your support that girls like Neha and her sister can become both the voices and creators of their communities, instead of child brides. Thank you.
When the contractor arrived in her village promising work, how could she say no? He was charming, convincing and kind. He even said she would be allowed to take her whole family with her. Yes, the cotton farm was far away, in a village she had never been to, and Sushmita was nervous about leaving her home. But she did what she had to for her family. Packing up what little they had, the family left to begin a hopeful new life. Work began as soon as they arrived, and Sushmita’s family were left to organise themselves. The contractor left, Sushmita thought, to help other families like hers get work. He promised to return in just a few days. So, she got on with the work. It was hard and the weather was sweltering, but she was determined to make the most of this opportunity.

After many days of toiling, she went to receive her pay from the landowner. What happened next destroyed her. “When we went to the owner to ask for our wage,” Sushmita recalls, “he said that he’d already paid the contractor and refused to pay us.”

We often worked without food or water. We faced so many challenges.

Sushmita began to pack up their things to return home – but her troubles had only begun. The landowner’s men assaulted them, forcing them to stay. They claimed the work had been paid for in advance. In fact, they claimed Sushmita owed the landlord money. Unable to leave, they had no choice but to continue working, even though they knew they would never receive anything for it.

“We often worked without food or water,” says Sushmita, remembering the pain. “We faced so many challenges.”

The contractor was a trafficker. Increasingly common in extreme poverty areas following crises, such as the pandemic, these traffickers exploit struggling families, recruiting them into labour work and then escaping with their salaries. Sushmita and her family were left heartbroken and in shock. All that work, all that promise; they had left their home for nothing.

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PROTECTING MIGRANT WORKERS AND THEIR LIVELIHOODS

Millions of migrant worker families are forced into insecure labour due to a lack of local opportunities and sustainable livelihoods. Low literacy rates combined with a lack of support programmes mean they struggle to access rights and benefits. Their desperation leaves them vulnerable to manipulation by opportunists and traffickers and, with no one to speak up for them, they can become trapped in an endless cycle of debt.
Finally, Sushmita and her family were free. But the support didn’t stop there. Once she and her family were safe, the project helped them to register their citizenship. This was something they couldn’t have done alone and ensured they would not be exploited in the future. They were supported to access rights and benefits, including rations for the whole family. The project even helped them to set up a family-run shop, while Sushmita was supported to attend sewing classes and received her own sewing machine. Now, she runs her own business.

“If the project hadn’t gotten us back,” Sushmita says, “we would have been working tirelessly and our whole lives would have been spent being like slaves.”

Today, she tells anyone she can about the helpline. “I want to spread awareness about the helpline number. The way it helped us, I want to help other labourers who are stuck.”

Your donation means that hundreds of other families like Sushmita’s have been able to break free from exploitation and access their rights.

I came across Karuna many years ago when I started going to classes in the Cambridge Buddhist Centre. As a Buddhist charity, I felt it put into practice the values that I was trying to cultivate, such as compassion and integrity, but also trying to be wise and effective. Even though I cannot call myself a Buddhist, I have continued to support the charity, and it means I don’t feel guilty charging finance organisations a lot to give talks when I know I am giving it all away to Karuna. I am honoured to now be a Patron – one of the few things I am fortunate to have in common with Dame Judi Dench.

I’ve also had a long-standing interest and affection for India. I was going to be in India for February 2023, and so jumped at the opportunity to visit some projects. I could not have imagined what a powerful experience it would be.

Meeting Nishtha

We had started with Nishtha, which works outside of Kolkata helping communities regardless of religious or cultural background. We visited many villages, and we were greeted warmly each time. We also heard so many harrowing stories. Sometimes, this took the form of powerful performances; in one, a group of girls performed a piece of street-theatre, featuring a girl who falls for a man, but then is subject to drunken domestic abuse. This was vividly portrayed, and truly shocking. But they were keen to communicate joy, too; in great songs, an upbeat ending emphasising female solidarity, and a final discussion with the rapt audience.

And it wasn’t only women’s groups we found there – I had heard of Bhalobasha, their day centre for children with disabilities. I was almost overwhelmed when I stepped into the large room, so full of life and energy. Parents shared their experiences while their children were engrossed in colourful activities. A range of therapists worked with the children, while a doctor interviewed mothers and children together.

The warm welcome broke down my English reticence fast, and soon I was engaging with the kids and joining in the dancing. It was great fun, but also very moving, as it was clear that these families could otherwise be very isolated in a society in which disability was often still seen as some sort of punishment. The staff were so dedicated and had clearly built-up long-term relationships with the families.
I left the meeting with a deep respect for these men, who were making efforts to welcome, or at least accept, changes in their society. I also had even more respect for the efforts of Nishtha, who understood the wisdom of working with men and how essential that is to bring about gender equality.

Climate Mitigation
The next morning, we travelled to visit nearby Pragya, a partner of Karuna’s that works alongside vulnerable communities – including in the low-lying area in the delta of the Hooghly River, south of Kolkata. These communities are literally on the front line against climate change, with rising sea levels and erratic weather making inundations more frequent. It can take years for the soil to recover from the salt water.

Pragya works alongside these communities to encourage organic farming, and even had a small laboratory for testing soils, allowing them to give farming advice based on the results. We saw directly that, with the kind of protection that the project was promoting, using traditional materials and local labour, villagers had a way to provide for themselves in spite of these challenges. Though I knew nothing about agriculture, I was fascinated by the issues surrounding the move to organic. I could see that the farmers were, as everywhere, very canny – they realised the financial benefits of moving away from commercial fertilisers, and the subsequent improvements in the soil and quality of the produce.

My Final Day
My final day involved a long drive to near the sea at Namkhana, followed by a boat trip to an isolated fishing community on a spit of low-lying land. Schools there were difficult to access, and fathers worked away on large vessels. The project here organises the local girls into groups, to support each other and ensure they can attend school and avoid early marriage. It was again truly humbling to be in front of all those faces, full of vitality and enthusiasm, and hear both their stories and their plans.

These few days were an intense experience, and a great privilege to meet so many dedicated and selfless people, as well as to share the experience with the Karuna team. Though it was challenging at times, the stories were so moving and the people so inspiring. I left only feeling even more motivated to support Karuna’s work.
In rural India where cases of poverty are high, children born with a disability are extremely likely to face social stigma and discrimination. As a result, many are deprived of social contact and stimulation, while parents often struggle to find meaningful support, treatment or information.

In education, children with disabilities are 5 times more likely to be taken out of school, and a lack of specialist knowledge among teachers creates barriers that many families struggle to overcome without support.

Karuna’s flagship disability project for children in West Bengal is called Bhalobasha, which translates to ‘loving home’. Children are given a space to learn, play and receive life-changing, holistic treatment from specialists – often for the first time – while parents can form connections with one another, too.

As well as the treatment from specialists and teachers, families also get an opportunity to be informed about their rights and government benefits available for themselves and their children.

Since the appeal, 77 new families have already been supported by the project, while 20 more children have been able to repin formal education thanks to the essential therapy and education they received.

“Children are given a space to learn, play and receive life-changing, holistic treatment from specialists.

Your generosity has also enabled us to continue supporting Aaina, a new project partner that works in remote rural areas of Odisha. Like Bhalobasha, they work with children, many of whom are also enrolled in formal schooling, supporting them to integrate into the community and access support and treatment. They also aid adults with disabilities to gain employment and earn an income, as well as set up disabled people’s organisations, which bring people with disabilities, their parents and carers together. Additionally, they have set up multiple resources centres, offering practical and social support and physical therapy to people with disabilities and their families.

We're so proud of our work with children with disabilities. Thank you for making all this possible with your support.
We are so grateful to all our monthly supporters as well as our incredible community fundraisers, who have given their time to creatively raise vital funds for our projects in South Asia. Every donation, big or small, makes a difference — whether you ask your friends to donate to Karuna for your birthday on Facebook or share one of our posts, you are helping us to transform lives. There are many ways to give — and we appreciate and celebrate all of them!

Running4Karuna
Our community fundraisers this year have shown what compassion in action means, sharing our work with their communities and using online platforms to reach more people. A huge thank you to all of you — like Simon and Katharina, who ran the Greater Manchester half-marathon earlier this year and raised £716! It was amazing to see their training process and hear what motivated them to fundraise for Karuna in this way.

"It felt like a real privilege to support a charity that is dedicated to enabling very disadvantaged people and children to find their voice, confidence and opportunities in life," says Katharina. Simon adds, “Karuna’s mission to support excluded communities is a remarkable thing. It was great to be able to support Karuna in this way.”

We are in awe of both of you, for not only running a marathon but ‘Running4Karuna’ as their JustGiving page was proudly titled. Thank you!

Super Hooper
Suzy took to Instagram and did 5 hours of impressive hula-hooping to spread the word about Karuna and to community fundraiser she says: “Supporting Karuna Trust is important to me because I believe education is the first step towards social and global change. I want to be able to benefit people I might not ever meet.”

Compassionate Couple
Demonstrating another innovative way communities can come together to fundraise for Karuna was Andria and Mark, who chose to receive donations for Karuna instead of wedding gifts in September last year and raised an amazing £1,235! Thank you to the lovely couple and congratulations.

Facebook Fundraisers
Thanks also to Tessa and Nigel whose birthday fundraiser on Facebook raised £60 and £750 respectively. Whether you donate £5 or £500, your contribution will make an impact!

To get involved yourself, please visit: www.karuna.org/fundraise

With thanks to Sian and all her family

Remembering Karuna in your will is a generous way to ensure that the communities we work with will continue to get support long into the future. Sian Morgan, who sadly passed away last year, generously supported Karuna for over 12 years, in addition to leaving a substantial legacy to Karuna. Her husband Neil was kind enough to share a little bit about Sian.

“Sian Morgan, my beloved wife and partner of 25 years, died on the 25 April 2022 following a short but devastating illness. In her Will, she had made provision for a bequest to be made to the Karuna Trust, a charity that she had supported and donated to through many years of her life.

Sian was born and brought up in rural Shropshire, but from early on she acquired a curiosity and determination to broaden her view of the world. By her late twenties, she was already travelling extensively. This included South-East Asia, where she would have seen first-hand so many children and families living hand-to-mouth, struggling with levels of poverty and deprivation most of us in the West are fortunate enough never to know.

Sian worked initially as a teacher, teaching English as a foreign language in China, as well as working with refugee communities in Hong Kong and Australia. Later, in her thirties, she took a diploma in counselling. She went on to develop a highly successful career as a counsellor and therapist, specialising in the treatment of trauma. In later life, she became president of the charity Trauma Aid UK (TAUK), which provides specialist trauma therapy training to clinicians and practitioners working with communities in parts of the world such as the Middle East and Bosnia-Herzegovina, which had suffered extensively through war and ongoing conflict.

She lived a life true to many of Buddhism’s core principles, guided by a belief in compassion and care for others.

Sian was not a practising Buddhist, but she lived a life true to many of Buddhism’s core principles, guided by a belief in compassion and care for others; as well as supporting others to care for and support themselves. Her work with TAUK was founded on the principles of building sustainability — providing fellow professionals working in those areas of greatest need with skills and expertise that they, in turn, could pass down to others working alongside them. One of her favourite sayings was always: “Give a man a fish, and you feed him for a day. Teach him how to fish, and you feed them for life.”

Sian will always deeply, painlessly missed by me and the many friends and family who loved her so dearly. It is a comfort to us, and would be a source of joy to her, to know that through her legacy and charitable donations her memory will live on, and that the fantastic work of organisations such as the Karuna Trust, helping build better lives for children, women and families across the Indian sub-continent, will continue to grow and flourish.”

Thank you to Sian, Neil and the family.
Thanks to their dedication, we were able to allocate £2,252,870 to programme delivery over the past year, representing a significant increase of £224,671 from the previous year. This enabled us to directly benefit the lives of 130,000 people from marginalised communities in South Asia.

The combined income for Karuna UK, Germany (DE) and USA for 2022-23 amounted to £3,427,876 representing an increase of £525,336 from the previous year and reflecting the sustained commitment and generosity of our supporters during financially challenging times.

Income from individual donors was £2,003,296 and £1,309,274 from Trusts and Institutions. £58,265 came from legacies and £40,801 from investment income.

Direct fundraising costs across the charities accounted for 15% of income. We invested £521,362 in fundraising and a further £285,881 in administrative support for the UK, including costs of IT, financial processing and communication. A further £72,382 was allocated to Governance costs across the three charities, a reduction year-on-year of £13,883.

During the year we were able to add £279,141 to our combined reserves. This included funds received by Karuna Germany from the EU for use in 2023-24 for a major new project tackling violence against women in India.

Looking ahead, our goal is to increase our combined income by 20% enabling us to extend our reach to more communities in need.

For the year ended 31 March 2023

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Looking ahead, our goal is to increase our combined income by 20% enabling us to extend our reach to more communities in need. This will require a focused effort to expand the organisation’s reach, deepen its impact and secure new funding. In all, we aim to commit £8.8 million towards achieving our programme goals over the next 3 years. This will enable Karuna to expand its programmes and reach more people who urgently need our support.

Halcrow Foundation
The Souter Charitable Trust
RELIx Cares
Elsevier Foundation

The Shears Foundation
H.B. Fuller Company Foundation
Levy Ritkind Family Settlement
Bryan Guinness Charitable Trust

Tellus Viva Foundation:
The Linbury Trust
Network for Social Change
Zephyr Charitable Trust

The Harold Hyam Wingate Foundation
Allan & Nesta Ferguson Charitable Trust
PAAW: Pan Asian Women’s Association
The Hari Prasad Shastri Charitable Trust

Liebenrood Charitable Trust
Habrinson Charitable Trust
The Northwick Trust
Mood Foods

* Figures are extracted from Karuna statutory accounts, available on our website. They include exchange adjustments and intergroup transactions. “Programme Delivery” for Karuna USA shows zero as payments go to Karuna UK for managing their grants.

Thanks to all our individual, trust and institutional donors. We are incredibly grateful for the ongoing support of all our individual, trust and institutional donors.

Financial Summary

For the year ended
31 March 2023

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<td>84,921</td>
</tr>
<tr>
<td>Other</td>
<td>40,801</td>
<td>-</td>
<td>-</td>
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<td>£2,198,851</td>
<td>1,218,259</td>
<td>148,128</td>
<td>3,427,876</td>
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<tr>
<td>EXPENDITURE</td>
<td>£</td>
<td>£</td>
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<td>£</td>
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<tr>
<td>Programme Delivery</td>
<td>1,349,042</td>
<td>903,828</td>
<td>-</td>
<td>2,252,870</td>
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<td>Grants Karuna UK/USA</td>
<td>84,921</td>
<td>-</td>
<td>16,240</td>
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<td>Fundraising</td>
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<td>UK Support Costs</td>
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<td>Governance</td>
<td>61,450</td>
<td>1,676</td>
<td>9,256</td>
<td>72,382</td>
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<td>£2,099,934</td>
<td>927,382</td>
<td>148,781</td>
<td>3,148,735</td>
<td>2,778,129</td>
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<td>SURPLUS/-DEFICIT</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
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</table>

* Figures are extracted from Karuna statutory accounts, available on our website. They include exchange adjustments and intergroup transactions. “Programme Delivery” for Karuna USA shows zero as payments go to Karuna UK for managing their grants.

Thanks to the many Trusts who continue to support our work, including:

Halcrow Foundation
The Souter Charitable Trust
RELIx Cares
Elsevier Foundation

The Shears Foundation
H.B. Fuller Company Foundation
Levy Ritkind Family Settlement
Bryan Guinness Charitable Trust

Tellus Viva Foundation:
The Linbury Trust
Network for Social Change
Zephyr Charitable Trust

The Harold Hyam Wingate Foundation
Allan & Nesta Ferguson Charitable Trust
PAAW: Pan Asian Women’s Association
The Hari Prasad Shastri Charitable Trust

Liebenrood Charitable Trust
Habrinson Charitable Trust
The Northwick Trust
Mood Foods